

## VALUATION AND VISIBILITY OF NURSING

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During a recent event held on February 27<sup>th</sup> 2018, the Duchess of Cambridge, spouse to the future kind of England, launched the **Global Campaign: Nursing Now** to train and support nurses to tackle 21<sup>st</sup> century health challenges, in collaboration with the World Health Organization and the International Council of Nurses. The closing line of its call to action present one of the major challenges humanity faces: universal health coverage will not be achieved without the strengthening of Nursing<sup>(1-2)</sup>.

Ten years ago, the World Health Organization declared that Nursing is the backbone of health systems<sup>(3)</sup>, summoning countries to be concerned with this profession, considering its contributing to the achievement of health for all. Nevertheless, the years go by and the Brazilian reality reveals events, such as the discussion about the limits of professional practice, which appoint the extent to which this recognition is necessary in the decision making spheres about health policies, their enforcement and the daily practice, knowledge and existence of Nursing professionals.

The facts above indicate that, each day, Nursing needs to demonstrate its value and competence to the patient, relatives, society, institutions and the health system as a whole, through the results of its work<sup>(4)</sup>.

What is our work? I repeat that care practice lies in our genes<sup>(5)</sup> and crosses all o four actions. When we take care, we are symbolizing what professional we are, what call we respond to, and we base this practice on scientific, technological and relational knowledge, mostly resting on evidence we ourselves constructed.

When we take care (in all places where individual health needs are presents, when we teach, manage and do research about care, we are being nurses.

Hence, to gain valuation and visibility, besides taking over our competences for care, we also urgently need to demonstrate political articulation skills, becoming pro-active in all situations in which we respond to the health demands of society and disseminating our actions in all channels that permit situating nursing care as a social practice.

We will be seen if we show ourselves with what we are, know and do, taking care of ourselves, our profession and the Unified Health System, and that is affirmed through individual and collective actions, attitudes and competences.

Together we are stronger! We need to gain empowerment and become the protagonists of our own journey.

### ● REFERENCES

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